Top Fair Trade Products

In celebration of October being Fair Trade Month, a collection of our must-have Fair Trade products that are not only stylish and delicious, but also help make a difference.—Julia Heffelfinger

India Tree Demerara Sugar

This coarse-grain golden sugar has a delicate molasses flavor perfect for finishing baked goods or just simply sprinkled over your morning fruit and yogurt. India Tree's Fair Trade Certified baking sugars are harvested on the island of Mauritius off the southeast coast of Africa. Also recommended: India Tree dark muscovado sugar. $8 for 16 oz; surlatable.com

Natural Sugars 101